

LANGE AFSTANDEN 2018
Hasselt, 8/4/2018

1 - Lange Afstanden 2018 voormiddag

8/04/2018 - 8:45

Programmanr. 1
8/04/2018 - 8:45

400m vrije slag

9 - 10 jaar
Resultaten

Punten: FINA 2017

Rang					Inshr.	Tijd	Pnt
9 jaar, Meisjes							
1.	ZANGARI Aurora				GZVN/21195/09	NT	6:43.18 196
	50m:	150m:	250m:	350m:			
	100m: 1:35.85	200m: 3:19.78	300m: 6:43.18	400m: 6:43.18			
2.	EVENS Noor				GZVN/21198/09	NT	6:46.76 191
	50m: 43.92	150m: 3:20.45	250m: 6:46.76	350m: 6:46.76			
	100m: 1:35.67	200m: 3:20.45	300m: 6:46.76	400m: 6:46.76			
3.	METZEMAKERS Lea				DMB/21085/09	7:20.03	6:50.85 185
	50m: 44.63	150m: 3:24.63	250m: 6:50.85	350m: 6:50.85			
	100m: 1:37.03	200m: 3:24.63	300m: 6:50.85	400m: 6:50.85			
4.	FREDERIX Maya				DBT/21083/09	NT	7:00.17 173
	50m: 46.51	150m: 3:26.97	250m: 7:00.17	350m: 7:00.17			
	100m: 1:38.87	200m: 3:26.97	300m: 7:00.17	400m: 7:00.17			
5.	TORDEUR Lucie				GZVN/21194/09	NT	7:03.40 169
	50m: 45.82	150m: 3:24.60	250m: 7:03.40	350m: 7:03.40			
	100m: 1:37.12	200m: 3:24.60	300m: 7:03.40	400m: 7:03.40			
6.	VANDAMME Eliza				OZV/21044/09	NT	7:50.66 123
	50m: 1:49.22	150m: 3:52.51	250m: 7:50.66	350m: 7:50.66			
	100m: 1:49.22	200m: 3:52.51	300m: 7:50.66	400m: 7:50.66			
7.	HUYBREGTS Jolien				DMB/21082/09	NT	8:11.55 108
	50m: 52.44	150m: 4:03.19	250m: 8:11.55	350m: 8:11.55			
	100m: 1:53.94	200m: 4:03.19	300m: 8:11.55	400m: 8:11.55			
8.	BUSSELS Frauke				DMB/21081/09	NT	8:11.83 108
	50m: 1:47.01	150m: 3:52.24	250m: 8:11.83	350m: 8:11.83			
	100m: 1:47.01	200m: 3:52.24	300m: 8:11.83	400m: 8:11.83			
9.	VANHEES Ella				DBT/21090/09	NT	8:19.67 103
	50m: 55.49	150m: 4:06.63	250m: 8:19.67	350m: 8:19.67			
	100m: 1:59.35	200m: 4:06.63	300m: 8:19.67	400m: 8:19.67			
FF	GÖTHEL Febe				FFGZVN/21200/09	NT	

9 jaar, Jongens

1.	WEYTJENS Jonas				DMB/11090/09	NT	6:59.01 129
	50m: 1:38.76	150m: 3:24.55	250m: 6:59.01	350m: 6:59.01			
	100m: 1:38.76	200m: 3:24.55	300m: 6:59.01	400m: 6:59.01			
2.	VANOPPEN Mathias				HZS/11151/09	NT	7:12.06 118
	50m: 44.43	150m: 3:25.14	250m: 7:12.06	350m: 7:12.06			
	100m: 1:35.56	200m: 3:25.14	300m: 7:12.06	400m: 7:12.06			
3.	COBER Daan				DMB/11083/09	NT	8:11.27 80
	50m: 1:46.87	150m: 3:49.70	250m: 8:11.27	350m: 8:11.27			
	100m: 1:46.87	200m: 3:49.70	300m: 8:11.27	400m: 8:11.27			
4.	VAN DEN HOORN Ebe				DMB/11079/09	NT	9:05.94 58
	50m: 59.91	150m: 4:38.13	250m: 9:05.94	350m: 9:05.94			
	100m: 2:11.38	200m: 4:38.13	300m: 9:05.94	400m: 9:05.94			

LANGE AFSTANDEN 2018
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Programmanr. 1, 400m vrije slag

10 jaar, Meisjes

1.	BUSSELS Fleur			DMB/21066/08	5:53.10	5:47.62	307
	50m:	150m:	250m:	350m:			
	100m:	200m:	300m:	400m:	5:47.62		
2.	BRUGMAN Serena			ZCT/21071/08	6:03.92	5:50.63	299
	50m:	150m:	250m:	350m:			
	100m:	200m:	300m:	400m:	5:50.63		
3.	CRIJNS Riyana			DMB/21073/08	6:29.72	5:57.27	282
	50m:	150m:	250m:	350m:			
	100m:	200m:	300m:	400m:	5:57.27		
4.	WEYTJENS Amber			DMB/21071/08	6:43.97	6:18.10	238
	50m:	150m:	250m:	350m:			
	100m:	200m:	300m:	400m:	6:18.10		
5.	PALUMBO Mila			DBT/21070/08	6:49.15	6:25.08	225
	50m:	150m:	250m:	350m:			
	100m:	200m:	300m:	400m:	6:25.08		
6.	BAETENS Lieze			DBT/21071/08	6:37.49	6:31.75	214
	50m:	150m:	250m:	350m:			
	100m:	200m:	300m:	400m:	6:31.75		
7.	VAN HOOF Floor			LAQUA/21254/086:48.52		6:37.05	206
	50m:	150m:	250m:	350m:			
	100m:	200m:	300m:	400m:	6:37.05		
8.	MEERS Lien			HZS/21154/08	NT	6:59.58	174
	50m:	150m:	250m:	350m:			
	100m:	200m:	300m:	400m:	6:59.58		
9.	CLAES Jorien			OZV/21041/08	NT	7:12.80	159
	50m:	150m:	250m:	350m:			
	100m:	200m:	300m:	400m:	7:12.80		
10.	GIELEN Fien			DBT/21074/08	7:38.33	7:18.52	152
	50m:	150m:	250m:	350m:			
	100m:	200m:	300m:	400m:	7:18.52		
11.	VANDENHOECK Mano			DBT/21076/08	7:41.73	7:39.28	133
	50m:	150m:	250m:	350m:			
	100m:	200m:	300m:	400m:	7:39.28		
12.	LIEBEN Lieke			GZVN/21169/08	7:59.59	8:01.93	115
	50m:	150m:	250m:	350m:			
	100m:	200m:	300m:	400m:	8:01.93		
13.	VANHEES Sarah			GZVN/21154/08	8:39.51	8:16.09	105
	50m:	150m:	250m:	350m:			
	100m:	200m:	300m:	400m:	8:16.09		
14.	GERETS Sieglinde			HZS/21159/08	NT	8:21.69	102
	50m:	150m:	250m:	350m:			
	100m:	200m:	300m:	400m:	8:21.69		
FF	EERSELS Marianne			FFGZVN/21155/08	7:17.13		

10 jaar, Jongens

1.	SPADEA Tommaso			LAQUA/11260/086:21.13		5:46.00	230
	50m:	150m:	250m:	350m:			
	100m:	200m:	300m:	400m:	5:46.00		
2.	BUEKERS Thibo			OZV/11035/08	5:57.69	5:48.54	225
	50m:	150m:	250m:	350m:			
	100m:	200m:	300m:	400m:	5:48.54		
3.	PELGRIMS Lowie			ZCT/11073/08	6:02.90	6:08.84	190
	50m:	150m:	250m:	350m:			
	100m:	200m:	300m:	400m:	6:08.84		

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Programmanr. 1, Jongens, 400m vrije slag, 10 jaar

Rang	Inschr.	Tijd	Pnt
4. VAN DER BORGHT Floris	ZCT/11072/08 6:50.72	6:26.23	165
50m: 150m: 250m: 350m:	100m: 1:31.26 200m: 3:09.37 300m: 400m: 6:26.23		
5. STOX Bram	HZS/11090/08 6:43.69	6:28.70	162
50m: 150m: 250m: 350m:	100m: 1:32.04 200m: 3:12.85 300m: 400m: 6:28.70		
6. LAMPO Louis	BRABO/11251/08 NT	6:29.53	161
50m: 42.68 150m: 250m: 350m:	100m: 1:31.09 200m: 3:09.82 300m: 400m: 6:29.53		
7. DRIESEN Siebe	DMB/11065/08 7:06.19	6:33.25	157
50m: 40.83 150m: 250m: 350m:	100m: 1:28.97 200m: 3:10.90 300m: 400m: 6:33.25		
8. TIELEMANS Wout	LAQUA/11257/086:41.58	6:34.59	155
50m: 43.55 150m: 250m: 350m:	100m: 1:32.94 200m: 3:13.84 300m: 400m: 6:34.59		
9. ERYILMAZ Hasan	ZWIM/11031/08 7:24.73	6:43.72	145
50m: 40.45 150m: 250m: 350m:	100m: 1:30.29 200m: 3:15.38 300m: 400m: 6:43.72		
10. JORISSEN Rube	GZVN/11137/08 7:17.22	6:45.96	142
50m: 150m: 250m: 350m:	100m: 1:32.27 200m: 3:18.48 300m: 400m: 6:45.96		
11. VANHEE Simon	TZT/11051/08 6:42.44	6:48.36	140
50m: 150m: 250m: 350m:	100m: 1:35.75 200m: 3:18.93 300m: 400m: 6:48.36		
12. DE BOCK Harry	LAQUA/11261/086:46.99	6:49.88	138
50m: 44.70 150m: 250m: 350m:	100m: 1:36.17 200m: 3:22.07 300m: 400m: 6:49.88		
13. KENENS Simon	GZVN/11171/08 NT	7:15.74	115
50m: 50.14 150m: 250m: 350m:	100m: 1:45.65 200m: 3:38.86 300m: 400m: 7:15.74		
14. DOWN Conrad	HZS/11158/08 NT	7:23.74	109
50m: 44.92 150m: 250m: 350m:	100m: 1:40.17 200m: 3:34.07 300m: 400m: 7:23.74		
15. BLOOTACKER Dries	DBT/11095/08 NT	8:07.48	82
50m: 54.44 150m: 250m: 350m:	100m: 1:55.41 200m: 4:01.56 300m: 400m: 8:07.48		

Programmanr. 2
8/04/2018 - 9:35

Dames, 800m vrije slag

11 jaar en ouder
Resultaten

Punten: FINA 2017

Rang	Inschr.	Tijd	Pnt
11 - 12 jaar			
1. SMEULDERS Lise	BEST/21051/06 10:28.29	10:03.19	501
50m: 33.38 200m: 2:24.87 350m: 500m: 650m: 800m: 10:03.19	100m: 1:09.69 250m: 400m: 4:59.56 550m: 700m:	750m:	
150m: 300m: 450m: 600m: 750m:			
2. SNOEKX Romy	DBT/21018/06 11:50.34	10:44.52	411
50m: 35.85 200m: 2:38.18 350m: 500m: 650m: 800m: 10:44.52	100m: 1:16.13 250m: 400m: 5:22.19 550m: 700m:	750m:	
150m: 300m: 450m: 600m: 750m:			

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Programmanr. 2, Meisjes, 800m vrije slag, 11 - 12 jaar

Rang					Inschr.	Tijd	Pnt					
3.	DECKERS Maite				DMB/21026/06	11:52.11	10:45.75	409				
	50m:	200m:	2:39.13	350m:	500m:	650m:	800m:	10:45.75				
	100m:	1:15.28	250m:	400m:	5:22.78	550m:	700m:					
	150m:	300m:	450m:	600m:	750m:							
4.	MARTELEUR Yelke				ZCT/21034/06	11:34.39	10:54.08	393				
	50m:	37.43	200m:	2:43.11	350m:	500m:	650m:	800m:	10:54.08			
	100m:	1:18.97	250m:	400m:	5:30.18	550m:	700m:					
	150m:	300m:	450m:	600m:	750m:							
5.	PALS Amber				DMB/21045/07	11:01.50	11:05.09	374				
	50m:	37.61	200m:	2:42.83	350m:	500m:	650m:	800m:	11:05.09			
	100m:	1:18.52	250m:	400m:	5:32.99	550m:	700m:					
	150m:	300m:	450m:	600m:	750m:							
6.	GEUENS Nina				OZV/21019/06	11:45.00	11:11.20	364				
	50m:	38.27	200m:	2:45.45	350m:	500m:	650m:	800m:	11:11.20			
	100m:	1:20.74	250m:	400m:	5:34.35	550m:	700m:					
	150m:	300m:	450m:	600m:	750m:							
7.	CORNELISSEN Anais				BRABO/21165/01	11:30.23	11:13.04	361				
	50m:	36.94	200m:	2:42.83	350m:	500m:	650m:	800m:	11:13.04			
	100m:	1:18.66	250m:	400m:	5:33.45	550m:	700m:					
	150m:	300m:	450m:	600m:	750m:							
8.	MANGELSCHOTS Ann-Sofie				DBT/21068/06	11:51.00	11:14.94	358				
	50m:	38.87	200m:	2:42.16	350m:	500m:	650m:	800m:	11:14.94			
	100m:	1:17.84	250m:	400m:	5:35.31	550m:	700m:					
	150m:	300m:	450m:	600m:	750m:							
9.	DEKERF Hanne				DDAT/21077/06	11:15.03	11:15.69	357				
	50m:	37.84	200m:	2:45.69	350m:	500m:	650m:	800m:	11:15.69			
	100m:	1:19.94	250m:	400m:	5:37.72	550m:	700m:					
	150m:	300m:	450m:	600m:	750m:							
10.	OP DE BEECK Lauren				DDAT/21062/06	11:53.45	11:20.56	349				
	50m:	37.44	200m:	2:46.02	350m:	500m:	650m:	800m:	11:20.56			
	100m:	1:19.39	250m:	400m:	5:39.47	550m:	700m:					
	150m:	300m:	450m:	600m:	750m:							
11.	VINKEN Amélie				ZWIM/21016/07	NT	11:40.56	320				
	50m:	37.10	200m:	2:49.59	350m:	500m:	650m:	800m:	11:40.56			
	100m:	1:19.98	250m:	400m:	5:47.72	550m:	700m:					
	150m:	300m:	450m:	600m:	750m:							
12.	BODE Sara				DMB/21033/06	11:25.42	11:40.93	319				
	50m:	37.11	200m:	2:48.86	350m:	500m:	650m:	800m:	11:40.93			
	100m:	1:20.25	250m:	400m:	5:46.89	550m:	700m:					
	150m:	300m:	450m:	600m:	750m:							
13.	VERHULST Lotte				STW/21123/06	11:50.00	11:43.05	316				
	50m:	38.05	200m:	2:51.44	350m:	500m:	650m:	800m:	11:43.05			
	100m:	1:21.62	250m:	400m:	5:50.90	550m:	700m:					
	150m:	300m:	450m:	600m:	750m:							
14.	DE BOCK Sanne				LAQUA/21187/01	12:40.88	11:53.26	303				
	50m:		200m:	2:54.69	350m:	500m:	650m:	800m:	11:53.26			
	100m:	1:23.30	250m:	400m:	5:56.37	550m:	700m:					
	150m:	300m:	450m:	600m:	750m:							
15.	VANDAMME Emily				OZV/21022/06	13:16.31	11:55.43	300				
	50m:	41.00	200m:	2:58.79	350m:	500m:	650m:	800m:	11:55.43			
	100m:	1:26.68	250m:	400m:	6:01.59	550m:	700m:					
	150m:	300m:	450m:	600m:	750m:							
16.	SERDONS Stine				DBT/21057/07	12:00.00	11:55.98	300				
	50m:	38.35	200m:	2:53.17	350m:	500m:	650m:	800m:	11:55.98			
	100m:	1:22.17	250m:	400m:	5:55.67	550m:	700m:					
	150m:	300m:	450m:	600m:	750m:							

LANGE AFSTANDEN 2018
Hasselt, 8/4/2018

Programmanr. 2, Meisjes, 800m vrije slag, 11 - 12 jaar

Rang					Inschr.	Tijd	Pnt		
17.	MARTEAU Julie		ZCT/21049/06		12:55.60	11:57.83	297		
	50m: 38.73	200m: 2:54.69	350m: 500m:	650m: 800m: 11:57.83					
	100m: 1:23.09	250m: 400m: 5:58.02	550m: 700m:						
	150m: 300m: 450m: 600m: 750m:								
18.	DE WEERDT Amélie		ZCT/21054/07		12:50.00	12:00.92	293		
	50m: 43.33	200m: 2:58.97	350m: 500m:	650m: 800m: 12:00.92					
	100m: 1:27.60	250m: 400m: 6:03.59	550m: 700m:						
	150m: 300m: 450m: 600m: 750m:								
19.	THEUWIS Nelle		OZV/21011/06		11:45.00	12:05.19	288		
	50m: 39.22	200m: 2:55.97	350m: 500m:	650m: 800m: 12:05.19					
	100m: 1:24.56	250m: 400m: 6:00.60	550m: 700m:						
	150m: 300m: 450m: 600m: 750m:								
20.	JORISSEN Hanne		GZVN/21092/06		13:59.38	12:09.36	283		
	50m: 40.25	200m: 2:59.68	350m: 500m:	650m: 800m: 12:09.36					
	100m: 1:26.15	250m: 400m: 6:04.25	550m: 700m:						
	150m: 300m: 450m: 600m: 750m:								
21.	CAES Oone		ZCT/21055/07		13:00.00	12:11.47	281		
	50m: 41.83	200m: 3:00.84	350m: 500m:	650m: 800m: 12:11.47					
	100m: 1:26.90	250m: 400m: 6:07.56	550m: 700m:						
	150m: 300m: 450m: 600m: 750m:								
22.	HEBB Yade		STW/21114/07		12:10.00	12:11.66	281		
	50m: 39.59	200m: 2:54.51	350m: 500m:	650m: 800m: 12:11.66					
	100m: 1:24.23	250m: 400m: 5:59.91	550m: 700m:						
	150m: 300m: 450m: 600m: 750m:								
23.	VANHEES Laura		GZVN/21100/06		14:35.06	12:14.02	278		
	50m: 40.06	200m: 2:59.78	350m: 500m:	650m: 800m: 12:14.02					
	100m: 1:25.93	250m: 400m: 6:05.94	550m: 700m:						
	150m: 300m: 450m: 600m: 750m:								
24.	VANOPPEN Margot		HZZ/21063/06		14:20.00	12:18.87	273		
	50m: 41.41	200m: 3:00.79	350m: 500m:	650m: 800m: 12:18.87					
	100m: 1:26.91	250m: 400m: 6:11.09	550m: 700m:						
	150m: 300m: 450m: 600m: 750m:								
25.	DAENEN Mette		GZVN/21090/07		NT	12:31.41	259		
	50m: 40.82	200m: 2:59.01	350m: 500m:	650m: 800m: 12:31.41					
	100m: 1:26.33	250m: 400m: 6:07.70	550m: 700m:						
	150m: 300m: 450m: 600m: 750m:								
26.	DECLOEDT Julie		ZWIM/21029/07		NT	12:36.11	254		
	50m: 41.53	200m: 3:02.28	350m: 500m:	650m: 800m: 12:36.11					
	100m: 1:27.31	250m: 400m: 6:18.18	550m: 700m:						
	150m: 300m: 450m: 600m: 750m:								
27.	TOUCHARD Mila		BRABO/21223/C13:08.18			12:36.34	254		
	50m: 40.62	200m: 3:02.47	350m: 500m:	650m: 800m: 12:36.34					
	100m: 1:26.94	250m: 400m: 6:13.44	550m: 700m:						
	150m: 300m: 450m: 600m: 750m:								
28.	KOZULYA Mila		GZVN/21089/07		NT	12:41.09	249		
	50m: 40.62	200m: 3:03.41	350m: 500m:	650m: 800m: 12:41.09					
	100m: 1:26.50	250m: 400m: 6:18.11	550m: 700m:						
	150m: 300m: 450m: 600m: 750m:								
29.	BOON Birte		LAQUA/21230/013:19.00			12:44.79	246		
	50m: 41.69	200m: 3:07.19	350m: 500m:	650m: 800m: 12:44.79					
	100m: 1:29.19	250m: 400m: 6:20.69	550m: 700m:						
	150m: 300m: 450m: 600m: 750m:								
30.	HOEVEN Kato		LAQUA/21243/014:37.81			12:50.17	241		
	50m: 42.78	200m: 3:09.77	350m: 500m:	650m: 800m: 12:50.17					
	100m: 1:31.05	250m: 400m: 6:26.35	550m: 700m:						
	150m: 300m: 450m: 600m: 750m:								

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Programmanr. 2, Meisjes, 800m vrije slag, 11 - 12 jaar

Rang	Inschr.	Tijd	Pnt
31. VANKEERBERGHEN Tessa	LAQUA/21244/014:32.00	12:50.55	240
50m: 44.71 200m: 3:13.48 350m: 500m: 650m: 800m: 12:50.55			
100m: 1:33.95 250m: 400m: 6:27.87 550m: 700m:			
150m: 300m: 450m: 600m: 750m:			
32. KUZNETCOVA Svetlana	LAQUA/21329/016:31.00	13:02.38	229
50m: 200m: 3:08.06 350m: 500m: 650m: 800m: 13:02.38			
100m: 1:30.13 250m: 400m: 6:29.16 550m: 700m:			
150m: 300m: 450m: 600m: 750m:			
33. SIJBERS Bente	HZS/21082/07 13:50.00	13:17.33	217
50m: 41.97 200m: 3:07.67 350m: 500m: 650m: 800m: 13:17.33			
100m: 1:29.28 250m: 400m: 6:29.91 550m: 700m:			
150m: 300m: 450m: 600m: 750m:			
34. DEVECI Azra	GZVN/21123/07 NT	13:48.90	193
50m: 41.23 200m: 3:13.50 350m: 500m: 650m: 800m: 13:48.90			
100m: 1:31.08 250m: 400m: 6:45.03 550m: 700m:			
150m: 300m: 450m: 600m: 750m:			
35. COOMANS Emely	ZWIM/21027/07 NT	14:30.19	167
50m: 43.16 200m: 3:25.47 350m: 500m: 650m: 800m: 14:30.19			
100m: 1:35.55 250m: 400m: 7:09.12 550m: 700m:			
150m: 300m: 450m: 600m: 750m:			
36. DEVECI Meyra	GZVN/21153/07 NT	14:45.62	158
50m: 45.00 200m: 3:33.31 350m: 500m: 650m: 800m: 14:45.62			
100m: 1:38.82 250m: 400m: 7:21.95 550m: 700m:			
150m: 300m: 450m: 600m: 750m:			
37. JACOBS Liese	GZVN/21163/07 NT	15:04.80	148
50m: 48.91 200m: 3:39.91 350m: 500m: 650m: 800m: 15:04.80			
100m: 1:44.78 250m: 400m: 7:29.98 550m: 700m:			
150m: 300m: 450m: 600m: 750m:			
38. HAMAL Manon	GZVN/21199/07 NT	15:45.66	130
50m: 200m: 3:44.86 350m: 500m: 650m: 800m: 15:45.66			
100m: 1:45.10 250m: 400m: 7:46.97 550m: 700m:			
150m: 300m: 450m: 600m: 750m:			
FF PELLEMAN Nora	FFBRABO/21195/C12:00.04		
FF BOULEZ Celeste	FFDDAT/21074/06 14:01.02		

13 - 14 jaar

1. THIJSSEN Hanne	DBT/21059/04 10:36.02	9:47.47	543
50m: 32.26 200m: 2:22.44 350m: 500m: 650m: 800m: 9:47.47			
100m: 1:08.22 250m: 400m: 4:51.55 550m: 700m:			
150m: 300m: 450m: 600m: 750m:			
2. KELCHTERMANS Laura	HZS/20547/04 10:16.45	9:58.02	514
50m: 200m: 2:21.14 350m: 500m: 650m: 800m: 9:58.02			
100m: 1:07.07 250m: 400m: 4:53.32 550m: 700m:			
150m: 300m: 450m: 600m: 750m:			
3. DRIESEN Amber	DMB/21015/05 10:28.84	9:58.39	514
50m: 32.44 200m: 2:25.14 350m: 500m: 650m: 800m: 9:58.39			
100m: 1:09.37 250m: 400m: 4:56.82 550m: 700m:			
150m: 300m: 450m: 600m: 750m:			
4. VANDERKRIEKEN Frauke	DBT/21081/05 10:52.68	9:59.20	511
50m: 31.95 200m: 2:24.70 350m: 500m: 650m: 800m: 9:59.20			
100m: 1:08.46 250m: 400m: 4:57.56 550m: 700m:			
150m: 300m: 450m: 600m: 750m:			
5. TOMCSIK Kira	TZ/21005/04 10:05.73	10:02.06	504
50m: 32.41 200m: 2:25.09 350m: 500m: 650m: 800m: 10:02.06			
100m: 1:08.91 250m: 400m: 4:56.69 550m: 700m:			
150m: 300m: 450m: 600m: 750m:			

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Programmanr. 2, Meisjes, 800m vrije slag, 13 - 14 jaar

Rang					Inscr.	Tijd	Pnt		
6.	JANSSEN Sien				DMB/20448/04	10:14.46	10:02.56	503	
	50m:	32.57	200m:	2:25.66	350m:	500m:	650m:	800m:	10:02.56
	100m:	1:09.47	250m:		400m:	4:59.66	550m:	700m:	
	150m:		300m:		450m:	600m:	750m:		
7.	PARDON Maite				TZ/21004/05	10:53.77	10:07.47	491	
	50m:	33.07	200m:	2:28.63	350m:	500m:	650m:	800m:	10:07.47
	100m:	1:10.86	250m:		400m:	5:04.07	550m:	700m:	
	150m:		300m:		450m:	600m:	750m:		
8.	CORSTJENS Hanne				DMB/21009/05	10:52.00	10:07.81	490	
	50m:	33.31	200m:	2:27.02	350m:	500m:	650m:	800m:	10:07.81
	100m:	1:10.14	250m:		400m:	5:01.95	550m:	700m:	
	150m:		300m:		450m:	600m:	750m:		
9.	BROUX Elise				GZVN/21015/05	10:07.38	10:07.99	490	
	50m:	32.69	200m:	2:25.96	350m:	500m:	650m:	800m:	10:07.99
	100m:	1:09.50	250m:		400m:	5:00.46	550m:	700m:	
	150m:		300m:		450m:	600m:	750m:		
10.	GABRIËLS Sarah				BRABO/21032/C11	11:09.56	10:13.84	476	
	50m:	35.10	200m:	2:31.22	350m:	500m:	650m:	800m:	10:13.84
	100m:	1:13.81	250m:		400m:	5:05.46	550m:	700m:	
	150m:		300m:		450m:	600m:	750m:		
11.	MARTELEUR Tille				ZCT/20373/04	10:14.83	10:14.89	473	
	50m:	34.68	200m:	2:30.23	350m:	500m:	650m:	800m:	10:14.89
	100m:	1:12.82	250m:		400m:	5:05.09	550m:	700m:	
	150m:		300m:		450m:	600m:	750m:		
12.	ANGELLIER Liloue				ZCT/20369/04	10:33.31	10:18.58	465	
	50m:	34.66	200m:	2:31.71	350m:	500m:	650m:	800m:	10:18.58
	100m:	1:12.93	250m:		400m:	5:07.63	550m:	700m:	
	150m:		300m:		450m:	600m:	750m:		
13.	SEGERS Noor				OZV/21026/05	10:33.96	10:19.79	462	
	50m:	32.47	200m:	2:27.33	350m:	500m:	650m:	800m:	10:19.79
	100m:	1:09.65	250m:		400m:	5:06.22	550m:	700m:	
	150m:		300m:		450m:	600m:	750m:		
14.	MAX Lara				TZ/20243/04	10:56.14	10:24.28	452	
	50m:	33.18	200m:	2:28.71	350m:	500m:	650m:	800m:	10:24.28
	100m:	1:10.56	250m:		400m:	5:04.78	550m:	700m:	
	150m:		300m:		450m:	600m:	750m:		
15.	VAN HAVERBEKE Fenna				TZT/21034/05	10:48.30	10:25.58	449	
	50m:	34.68	200m:	2:29.68	350m:	500m:	650m:	800m:	10:25.58
	100m:	1:11.68	250m:		400m:	5:07.26	550m:	700m:	
	150m:		300m:		450m:	600m:	750m:		
16.	DERKONINGEN Flore				GZVN/21116/04	10:58.73	10:26.05	448	
	50m:	32.70	200m:	2:27.72	350m:	500m:	650m:	800m:	10:26.05
	100m:	1:10.14	250m:		400m:	5:07.12	550m:	700m:	
	150m:		300m:		450m:	600m:	750m:		
17.	KOZULYA Naya				GZVN/21062/05	NT	10:29.03	442	
	50m:	35.25	200m:	2:34.58	350m:	500m:	650m:	800m:	10:29.03
	100m:	1:14.65	250m:		400m:	5:13.83	550m:	700m:	
	150m:		300m:		450m:	600m:	750m:		
18.	VAN BELLE Amber				ZCT/20371/04	10:51.37	10:36.36	427	
	50m:	35.39	200m:	2:34.16	350m:	500m:	650m:	800m:	10:36.36
	100m:	1:14.52	250m:		400m:	5:15.39	550m:	700m:	
	150m:		300m:		450m:	600m:	750m:		
19.	MARASCO Moira				GZVN/21051/05	NT	10:37.14	425	
	50m:	35.20	200m:	2:34.51	350m:	500m:	650m:	800m:	10:37.14
	100m:	1:13.90	250m:		400m:	5:16.49	550m:	700m:	
	150m:		300m:		450m:	600m:	750m:		

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Programmanr. 2, Meisjes, 800m vrije slag, 13 - 14 jaar

Rang					Inscr.	Tijd	Pnt		
20.	CERPENTIER Emma		STW/21128/05		10:50.00	10:38.27	423		
	50m:	200m:	2:33.10	350m:	500m:	650m:	800m:	10:38.27	
	100m:	250m:	1:13.49	400m:	550m:	700m:			
	150m:	300m:		450m:	600m:	750m:			
21.	LEJEUNE Indira		TZ/21031/05		11:33.98	10:42.23	415		
	50m:	200m:	2:35.94	350m:	500m:	650m:	800m:	10:42.23	
	100m:	250m:	1:14.53	400m:	550m:	700m:			
	150m:	300m:		450m:	600m:	750m:			
22.	VAN LOOY Jelske		ZCT/21035/05		11:14.27	10:51.44	398		
	50m:	200m:	2:37.61	350m:	500m:	650m:	800m:	10:51.44	
	100m:	250m:	1:15.89	400m:	550m:	700m:			
	150m:	300m:		450m:	600m:	750m:			
23.	DE CRAEN Imke		DDAT/21012/04		11:23.30	10:53.72	394		
	50m:	200m:	2:38.52	350m:	500m:	650m:	800m:	10:53.72	
	100m:	250m:	1:17.28	400m:	550m:	700m:			
	150m:	300m:		450m:	600m:	750m:			
24.	VANDENBEMPT Luna		LAQUA/21164/012:21.17			11:17.14	354		
	50m:	200m:	2:44.72	350m:	500m:	650m:	800m:	11:17.14	
	100m:	250m:	1:19.00	400m:	550m:	700m:			
	150m:	300m:		450m:	600m:	750m:			
25.	SCHOUBS Hannelore		GZVN/21058/05		NT	11:18.44	352		
	50m:	200m:	2:44.69	350m:	500m:	650m:	800m:	11:18.44	
	100m:	250m:	1:19.19	400m:	550m:	700m:			
	150m:	300m:		450m:	600m:	750m:			
26.	SCHRIJVERS Astrid		ZCT/21024/05		11:42.68	11:22.83	345		
	50m:	200m:	2:45.69	350m:	500m:	650m:	800m:	11:22.83	
	100m:	250m:	1:19.04	400m:	550m:	700m:			
	150m:	300m:		450m:	600m:	750m:			
27.	VAN DEN EYNDE Britt		ZCT/21004/04		11:43.10	11:23.79	344		
	50m:	200m:	2:43.22	350m:	500m:	650m:	800m:	11:23.79	
	100m:	250m:	1:19.05	400m:	550m:	700m:			
	150m:	300m:		450m:	600m:	750m:			
28.	VAN KEER Farah		LAQUA/21167/011:18.23			11:26.41	340		
	50m:	200m:	2:41.87	350m:	500m:	650m:	800m:	11:26.41	
	100m:	250m:	1:17.19	400m:	550m:	700m:			
	150m:	300m:		450m:	600m:	750m:			
29.	D'HAUWER Frauke		DBT/21031/04		11:32.20	11:27.25	339		
	50m:	200m:	2:42.10	350m:	500m:	650m:	800m:	11:27.25	
	100m:	250m:	1:18.41	400m:	550m:	700m:			
	150m:	300m:		450m:	600m:	750m:			
30.	VAN DEN BROECK Zita		ZCT/21033/05		11:50.19	11:30.70	334		
	50m:	200m:	2:44.64	350m:	500m:	650m:	800m:	11:30.70	
	100m:	250m:	1:18.84	400m:	550m:	700m:			
	150m:	300m:		450m:	600m:	750m:			
31.	GIJSENS Cato		DDAT/21018/05		11:30.26	11:36.21	326		
	50m:	200m:	2:44.93	350m:	500m:	650m:	800m:	11:36.21	
	100m:	250m:	1:17.35	400m:	550m:	700m:			
	150m:	300m:		450m:	600m:	750m:			
32.	MELLEBEEK Femke		GZVN/21148/05		NT	11:54.59	301		
	50m:	200m:	2:51.44	350m:	500m:	650m:	800m:	11:54.59	
	100m:	250m:	1:21.09	400m:	550m:	700m:			
	150m:	300m:		450m:	600m:	750m:			
33.	KESSEN Sara		GZVN/21093/05		13:14.63	12:00.16	294		
	50m:	200m:	2:58.52	350m:	500m:	650m:	800m:	12:00.16	
	100m:	250m:	1:25.76	400m:	550m:	700m:			
	150m:	300m:		450m:	600m:	750m:			

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Programmanr. 2, Meisjes, 800m vrije slag, 13 - 14 jaar

Rang	Inschr.	Tijd	Pnt
34. MIRISOLA Liliana	GZVN/21057/05 NT	12:18.37	273
50m: 40.19 200m: 2:58.19 350m: 500m: 650m: 800m: 12:18.37	400m: 6:04.87 550m: 700m:	750m:	
100m: 1:25.79 250m: 300m: 450m: 600m: 750m:			
150m: 300m: 450m: 600m: 750m:			
35. VIAENE Sarah	BRABO/21205/C12:20.56	12:56.39	235
50m: 40.71 200m: 3:05.45 350m: 500m: 650m: 800m: 12:56.39	400m: 6:20.93 550m: 700m:	750m:	
100m: 1:27.71 250m: 300m: 450m: 600m: 750m:			
150m: 300m: 450m: 600m: 750m:			
36. JANSSENS Jelena	DDAT/21075/05 13:45.31	13:06.69	226
50m: 200m: 3:08.41 350m: 500m: 650m: 800m: 13:06.69	400m: 6:30.19 550m: 700m:	750m:	
100m: 1:27.55 250m: 300m: 450m: 600m: 750m:			
150m: 300m: 450m: 600m: 750m:			
dis VANOTTERDIJK Roos	dis:ZWIM/21003/05 10:00.00		
SW 4.4 - valse start			
FF WITTEMANS Mit	FFZCT/21008/05 10:11.08		
FF BIJNENS Ine	FFHZS/21059/05 12:38.00		

15 - 16 jaar

1. VAN STEEN Yinthe	TZ/20227/03 9:57.62	9:33.50	583
50m: 32.00 200m: 2:21.50 350m: 500m: 650m: 800m: 9:33.50	400m: 4:47.32 550m: 700m:	750m:	
100m: 1:07.00 250m: 300m: 450m: 600m: 750m:			
150m: 300m: 450m: 600m: 750m:			
2. MARCENIUK Marijke	HZS/20530/02 9:42.77	9:35.92	576
50m: 31.52 200m: 2:18.85 350m: 500m: 650m: 800m: 9:35.92	400m: 4:44.70 550m: 700m:	750m:	
100m: 1:06.38 250m: 300m: 450m: 600m: 750m:			
150m: 300m: 450m: 600m: 750m:			
3. THEUWIS Rune	OZV/20261/02 9:54.45	9:43.50	554
50m: 31.61 200m: 2:18.62 350m: 500m: 650m: 800m: 9:43.50	400m: 4:46.00 550m: 700m:	750m:	
100m: 1:06.61 250m: 300m: 450m: 600m: 750m:			
150m: 300m: 450m: 600m: 750m:			
4. CUYVERS Ella	MOZKA/20330/029:40.14	9:44.31	552
50m: 32.44 200m: 2:21.66 350m: 500m: 650m: 800m: 9:44.31	400m: 4:49.89 550m: 700m:	750m:	
100m: 1:08.26 250m: 300m: 450m: 600m: 750m:			
150m: 300m: 450m: 600m: 750m:			
5. DAEMEN Emma	DMB/20419/03 9:49.29	9:49.40	537
50m: 31.94 200m: 2:21.85 350m: 500m: 650m: 800m: 9:49.40	400m: 4:49.85 550m: 700m:	750m:	
100m: 1:07.60 250m: 300m: 450m: 600m: 750m:			
150m: 300m: 450m: 600m: 750m:			
6. SNEPPE Diede	DDAT/20296/03 10:03.47	9:59.62	510
50m: 33.27 200m: 2:24.62 350m: 500m: 650m: 800m: 9:59.62	400m: 4:57.02 550m: 700m:	750m:	
100m: 1:09.71 250m: 300m: 450m: 600m: 750m:			
150m: 300m: 450m: 600m: 750m:			
7. VANDEWAL Britt	OZV/21007/03 10:14.07	9:59.67	510
50m: 33.56 200m: 2:25.46 350m: 500m: 650m: 800m: 9:59.67	400m: 4:56.56 550m: 700m:	750m:	
100m: 1:10.42 250m: 300m: 450m: 600m: 750m:			
150m: 300m: 450m: 600m: 750m:			
8. CLAES Lieselotte	ZCT/20346/03 10:05.82	10:00.50	508
50m: 200m: 2:26.93 350m: 500m: 650m: 800m: 10:00.50	400m: 4:57.93 550m: 700m:	750m:	
100m: 1:12.53 250m: 300m: 450m: 600m: 750m:			
150m: 300m: 450m: 600m: 750m:			
9. SODEMANN Molly	LAQUA/21178/010:34.93	10:16.63	469
50m: 34.76 200m: 2:28.59 350m: 500m: 650m: 800m: 10:16.63	400m: 5:03.52 550m: 700m:	750m:	
100m: 1:12.33 250m: 300m: 450m: 600m: 750m:			
150m: 300m: 450m: 600m: 750m:			

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Programmanr. 2, Meisjes, 800m vrije slag, 15 - 16 jaar

Rang					Inschr.	Tijd	Pnt		
10.	DUPONT Emma				LAQUA/21155/010:51.70	10:20.25	461		
	50m:	33.86	200m:	2:28.43	350m:	500m:	650m:	800m:	10:20.25
	100m:	1:11.43	250m:		400m:	550m:	700m:		
	150m:		300m:		450m:	600m:	750m:		
11.	PAREIJN Luna				DMB/20423/03 10:12.53	10:20.92	460		
	50m:	34.19	200m:	2:27.76	350m:	500m:	650m:	800m:	10:20.92
	100m:	1:11.48	250m:		400m:	550m:	700m:		
	150m:		300m:		450m:	600m:	750m:		
12.	AJMERROU Sirine				GZVN/20621/03 10:56.10	10:26.25	448		
	50m:	33.56	200m:	2:28.83	350m:	500m:	650m:	800m:	10:26.25
	100m:	1:10.84	250m:		400m:	550m:	700m:		
	150m:		300m:		450m:	600m:	750m:		
13.	VAN LAARHOVEN Renée				ZGEEL/20150/0:10:31.68	10:31.47	437		
	50m:	33.24	200m:	2:30.21	350m:	500m:	650m:	800m:	10:31.47
	100m:	1:11.10	250m:		400m:	550m:	700m:		
	150m:		300m:		450m:	600m:	750m:		
14.	PHLIX Jana				HZS/21062/03 10:47.60	10:32.77	434		
	50m:	33.08	200m:	2:31.81	350m:	500m:	650m:	800m:	10:32.77
	100m:	1:11.52	250m:		400m:	550m:	700m:		
	150m:		300m:		450m:	600m:	750m:		
15.	BORREMANS Lotte				DDAT/21006/03 10:44.70	10:32.84	434		
	50m:	33.34	200m:	2:28.09	350m:	500m:	650m:	800m:	10:32.84
	100m:	1:10.30	250m:		400m:	550m:	700m:		
	150m:		300m:		450m:	600m:	750m:		
16.	GERMONPRÉ Sarah				DDAT/21055/03 11:03.61	10:36.37	427		
	50m:	35.19	200m:	2:36.08	350m:	500m:	650m:	800m:	10:36.37
	100m:	1:14.79	250m:		400m:	550m:	700m:		
	150m:		300m:		450m:	600m:	750m:		
17.	VANDENBON Laura				HZS/20543/03 11:01.00	10:37.07	425		
	50m:	35.14	200m:	2:35.57	350m:	500m:	650m:	800m:	10:37.07
	100m:	1:14.31	250m:		400m:	550m:	700m:		
	150m:		300m:		450m:	600m:	750m:		
18.	VAN MULDER Katinka				DDAT/20293/03 10:45.89	11:06.76	371		
	50m:	34.09	200m:	2:35.18	350m:	500m:	650m:	800m:	11:06.76
	100m:	1:12.87	250m:		400m:	550m:	700m:		
	150m:		300m:		450m:	600m:	750m:		
19.	DECLOEDT Fran				TZT/21026/03 10:56.70	11:08.41	368		
	50m:		200m:	2:37.09	350m:	500m:	650m:	800m:	11:08.41
	100m:	1:14.81	250m:		400m:	550m:	700m:		
	150m:		300m:		450m:	600m:	750m:		
FF	MELLEMANS Jente				FFMOZKA/21012/C10:34.52				
FF	WITTEMANS Odil				FFZCT/20353/03 9:55.00				

17 - 18 jaar

1.	DAEMEN Sien				DMB/20368/01 9:20.87	9:29.46	596		
	50m:		200m:	2:12.32	350m:	500m:	650m:	800m:	9:29.46
	100m:		250m:		400m:	550m:	700m:		
	150m:		300m:		450m:	600m:	750m:		
2.	VAN STEEN Ayko				TZ/20209/01 9:46.05	9:33.96	582		
	50m:	31.91	200m:	2:19.15	350m:	500m:	650m:	800m:	9:33.96
	100m:	1:06.77	250m:		400m:	550m:	700m:		
	150m:		300m:		450m:	600m:	750m:		
3.	VAN RIET Aline				BRABO/20863/C10:20.39	9:41.82	559		
	50m:	32.76	200m:	2:20.65	350m:	500m:	650m:	800m:	9:41.82
	100m:	1:08.73	250m:		400m:	550m:	700m:		
	150m:		300m:		450m:	600m:	750m:		

LANGE AFSTANDEN 2018
Hasselt, 8/4/2018

Programmanr. 2, Dames, 800m vrije slag, 17 - 18 jaar

Rang					Inschr.	Tijd	Pnt				
4.	GIELEN Indra				DMB/20357/00	9:47.82	9:50.98	533			
	50m:	30.98	200m:	2:20.16	350m:	500m:	650m:	800m:	9:50.98		
	100m:	1:06.09	250m:		400m:	550m:	700m:				
	150m:		300m:		450m:	600m:	750m:				
5.	CAELEN Lore				DMB/20384/01	9:45.72	9:56.41	519			
	50m:	33.28	200m:	2:24.33	350m:	500m:	650m:	800m:	9:56.41		
	100m:	1:09.51	250m:		400m:	550m:	700m:				
	150m:		300m:		450m:	600m:	750m:				
6.	VERMEULEN Elise				STW/21061/01	10:16.33	10:04.28	499			
	50m:	34.46	200m:	2:28.68	350m:	500m:	650m:	800m:	10:04.28		
	100m:	1:11.86	250m:		400m:	550m:	700m:				
	150m:		300m:		450m:	600m:	750m:				
7.	BOFFIN Lise				BEST/20589/01	10:49.35	10:27.41	445			
	50m:	35.56	200m:	2:34.09	350m:	500m:	650m:	800m:	10:27.41		
	100m:	1:14.87	250m:		400m:	550m:	700m:				
	150m:		300m:		450m:	600m:	750m:				
8.	CUYVERS Fien				MOZKA/20324/0C9	9:48.81	11:06.53	371			
	50m:		200m:	2:35.75	350m:	500m:	650m:	800m:	11:06.53		
	100m:	1:13.25	250m:		400m:	550m:	700m:				
	150m:		300m:		450m:	600m:	750m:				

19 jaar en ouder

1.	VERCAMMEN Johanna				ZCT/20262/96	9:30.00	9:19.73	628			
	50m:	32.26	200m:	2:17.66	350m:	500m:	650m:	800m:	9:19.73		
	100m:	1:07.41	250m:		400m:	550m:	700m:				
	150m:		300m:		450m:	600m:	750m:				
2.	DE BAERE Marie-Claire				STW/21012/97	9:20.00	9:20.10	626			
	50m:		200m:	2:14.87	350m:	500m:	650m:	800m:	9:20.10		
	100m:	1:05.85	250m:		400m:	550m:	700m:				
	150m:		300m:		450m:	600m:	750m:				
3.	VAN HYFTE Isaura				MEGA/21043/99	NT	9:39.44	566			
	50m:	31.72	200m:	2:19.09	350m:	500m:	650m:	800m:	9:39.44		
	100m:	1:06.56	250m:		400m:	550m:	700m:				
	150m:		300m:		450m:	600m:	750m:				
4.	VANCAUWENBERGH Charis				BEST/21001/98	10:30.56	9:51.22	532			
	50m:	33.22	200m:	2:23.65	350m:	500m:	650m:	800m:	9:51.22		
	100m:	1:09.44	250m:		400m:	550m:	700m:				
	150m:		300m:		450m:	600m:	750m:				

LANGE AFSTANDEN 2018
Hasselt, 8/4/2018

2 - Lange Afstanden 2018 namiddag

8/04/2018 - 13:45

Programmanr. 3
8/04/2018 - 13:45

Heren, 1500m vrije slag

11 jaar en ouder
Resultaten

Punten: FINA 2017

Rang			Inschr.	Tijd	Pnt		
11 - 12 jaar							
1.	KOPRIVA Ilio		DBT/11016/06	21:04.25	19:56.04	356	
	50m: 34.96	300m: 550m: 800m: 10:41.45		1050m: 1300m:			
	100m: 1:13.84	350m: 600m: 850m: 1100m:		1150m: 1350m:			
	150m: 400m: 5:18.11	650m: 900m: 1150m:		1400m:			
	200m: 2:35.47	450m: 700m: 950m: 1200m:		1450m:			
	250m: 500m: 750m: 1000m: 1250m:			1500m: 19:56.04			
2.	GOS Carsten		HZS/11095/06	21:44.24	20:00.25	352	
	50m: 36.50	300m: 550m: 800m: 10:40.04		1050m: 1300m:			
	100m: 1:16.31	350m: 600m: 850m: 1100m:		1150m: 1350m:			
	150m: 400m: 5:18.61	650m: 900m: 1150m:		1400m:			
	200m: 2:37.25	450m: 700m: 950m: 1200m:		1450m:			
	250m: 500m: 750m: 1000m: 1250m:			1500m: 20:00.25			
3.	CAELEN Dries		DMB/11025/06	22:27.41	20:48.01	313	
	50m: 36.55	300m: 550m: 800m: 11:02.72		1050m: 1300m:			
	100m: 1:17.14	350m: 600m: 850m: 1100m:		1150m: 1350m:			
	150m: 400m: 5:27.39	650m: 900m: 1150m:		1400m:			
	200m: 2:40.94	450m: 700m: 950m: 1200m:		1450m:			
	250m: 500m: 750m: 1000m: 1250m:			1500m: 20:48.01			
4.	VERCAUTEREN Jasper		BRABO/11087/C22:36.50		21:06.66	300	
	50m: 37.34	300m: 550m: 800m: 11:16.26		1050m: 1300m:			
	100m: 1:20.51	350m: 600m: 850m: 1100m:		1150m: 1350m:			
	150m: 400m: 5:37.09	650m: 900m: 1150m:		1400m:			
	200m: 2:45.84	450m: 700m: 950m: 1200m:		1450m:			
	250m: 500m: 750m: 1000m: 1250m:			1500m: 21:06.66			
5.	LAMPO Olivier		BRABO/11148/C21:31.34		21:11.11	296	
	50m: 37.15	300m: 550m: 800m: 11:16.96		1050m: 1300m:			
	100m: 1:18.26	350m: 600m: 850m: 1100m:		1150m: 1350m:			
	150m: 400m: 5:34.24	650m: 900m: 1150m:		1400m:			
	200m: 2:43.46	450m: 700m: 950m: 1200m:		1450m:			
	250m: 500m: 750m: 1000m: 1250m:			1500m: 21:11.11			
6.	VEESTRAETEN Mats		DMB/11031/06	22:30.50	21:12.30	296	
	50m: 36.81	300m: 550m: 800m: 11:26.38		1050m: 1300m:			
	100m: 1:18.48	350m: 600m: 850m: 1100m:		1150m: 1350m:			
	150m: 400m: 5:40.19	650m: 900m: 1150m:		1400m:			
	200m: 2:46.46	450m: 700m: 950m: 1200m:		1450m:			
	250m: 500m: 750m: 1000m: 1250m:			1500m: 21:12.30			
7.	DE WINTER Yarno		BRABO/11144/C22:06.91		21:15.70	293	
	50m: 37.45	300m: 550m: 800m: 11:20.70		1050m: 1300m:			
	100m: 1:21.03	350m: 600m: 850m: 1100m:		1150m: 1350m:			
	150m: 400m: 5:35.80	650m: 900m: 1150m:		1400m:			
	200m: 2:45.88	450m: 700m: 950m: 1200m:		1450m:			
	250m: 500m: 750m: 1000m: 1250m:			1500m: 21:15.70			
8.	WOUTERS Cas		BRABO/11168/C24:07.20		21:44.66	274	
	50m: 36.72	300m: 550m: 800m: 11:33.68		1050m: 1300m:			
	100m: 1:18.61	350m: 600m: 850m: 1100m:		1150m: 1350m:			
	150m: 400m: 5:38.82	650m: 900m: 1150m:		1400m:			
	200m: 2:43.74	450m: 700m: 950m: 1200m:		1450m:			
	250m: 500m: 750m: 1000m: 1250m:			1500m: 21:44.66			
9.	KINDT Levi		TZT/11048/07	21:46.48	21:46.84	273	
	50m: 36.68	300m: 550m: 800m: 11:36.40		1050m: 1300m:			
	100m: 1:18.42	350m: 600m: 850m: 1100m:		1150m: 1350m:			
	150m: 400m: 5:42.72	650m: 900m: 1150m:		1400m:			
	200m: 2:46.43	450m: 700m: 950m: 1200m:		1450m:			
	250m: 500m: 750m: 1000m: 1250m:			1500m: 21:46.84			

LANGE AFSTANDEN 2018
Hasselt, 8/4/2018

Programmanr. 3, Jongens, 1500m vrije slag, 11 - 12 jaar

Rang				Inschr.	Tijd	Pnt				
10.	DESMET Leendert			TZT/11033/06	21:50.09	21:54.85	268			
	50m:	39.35	300m:	550m:	800m:	11:34.95	1050m:	1300m:		
	100m:	1:21.95	350m:	600m:	850m:	1100m:	1100m:	1350m:		
	150m:		400m:	5:43.10	650m:	900m:	1150m:	1400m:		
	200m:	2:48.45	450m:		700m:	950m:	1200m:	1450m:		
	250m:		500m:		750m:	1000m:	1250m:	1500m:	21:54.85	
11.	MANSOURI Eslam			GZVN/11080/06	NT	22:37.30	243			
	50m:	39.37	300m:	550m:	800m:	12:02.62	1050m:	1300m:		
	100m:	1:23.53	350m:	600m:	850m:	1100m:	1100m:	1350m:		
	150m:		400m:	5:54.00	650m:	900m:	1150m:	1400m:		
	200m:	2:53.28	450m:		700m:	950m:	1200m:	1450m:		
	250m:		500m:		750m:	1000m:	1250m:	1500m:	22:37.30	
12.	DE BAERDEMAEKER Lander			LAQUA/11145/023:10.00		22:59.31	232			
	50m:	39.31	300m:	550m:	800m:	12:07.46	1050m:	1300m:		
	100m:	1:22.84	350m:	600m:	850m:	1100m:	1100m:	1350m:		
	150m:		400m:	5:56.07	650m:	900m:	1150m:	1400m:		
	200m:	2:52.96	450m:		700m:	950m:	1200m:	1450m:		
	250m:		500m:		750m:	1000m:	1250m:	1500m:	22:59.31	
13.	LAZOU Jacob			LAQUA/11213/023:53.00		23:14.58	224			
	50m:	40.22	300m:	550m:	800m:	12:15.79	1050m:	1300m:		
	100m:	1:25.60	350m:	600m:	850m:	1100m:	1100m:	1350m:		
	150m:		400m:	6:02.08	650m:	900m:	1150m:	1400m:		
	200m:	2:57.83	450m:		700m:	950m:	1200m:	1450m:		
	250m:		500m:		750m:	1000m:	1250m:	1500m:	23:14.58	
14.	MEERS Jan			HZS/11083/06	24:00.00	23:22.25	221			
	50m:	37.52	300m:	550m:	800m:	13:21.62	1050m:	1300m:		
	100m:	1:24.30	350m:	600m:	850m:	1100m:	1100m:	1350m:		
	150m:		400m:	7:00.38	650m:	900m:	1150m:	1400m:		
	200m:	2:59.38	450m:		700m:	950m:	1200m:	1450m:		
	250m:		500m:		750m:	1000m:	1250m:	1500m:	23:22.25	
15.	VERWEIJEN Gijs			LAQUA/11248/024:20.00		23:22.50	221			
	50m:	42.00	300m:	550m:	800m:	12:38.18	1050m:	1300m:		
	100m:	1:27.67	350m:	600m:	850m:	1100m:	1100m:	1350m:		
	150m:		400m:	6:14.32	650m:	900m:	1150m:	1400m:		
	200m:	3:02.40	450m:		700m:	950m:	1200m:	1450m:		
	250m:		500m:		750m:	1000m:	1250m:	1500m:	23:22.50	
16.	RUYSEN II			GZVN/11079/07	NT	23:23.16	220			
	50m:	39.53	300m:	550m:	800m:	12:16.60	1050m:	1300m:		
	100m:	1:23.25	350m:	600m:	850m:	1100m:	1100m:	1350m:		
	150m:		400m:	5:54.22	650m:	900m:	1150m:	1400m:		
	200m:	2:55.00	450m:		700m:	950m:	1200m:	1450m:		
	250m:		500m:		750m:	1000m:	1250m:	1500m:	23:23.16	
17.	MATHEYSEN Vinz			BRABO/11188/C24:20.10		23:51.42	207			
	50m:	38.66	300m:	550m:	800m:	12:28.84	1050m:	1300m:		
	100m:	1:23.60	350m:	600m:	850m:	1100m:	1100m:	1350m:		
	150m:		400m:	6:05.60	650m:	900m:	1150m:	1400m:		
	200m:	2:57.08	450m:		700m:	950m:	1200m:	1450m:		
	250m:		500m:		750m:	1000m:	1250m:	1500m:	23:51.42	
18.	MARTENS Elias			TZT/11045/07	21:40.65	23:51.94	207			
	50m:	40.48	300m:	550m:	800m:	12:30.26	1050m:	1300m:		
	100m:	1:26.28	350m:	600m:	850m:	1100m:	1100m:	1350m:		
	150m:		400m:	6:10.78	650m:	900m:	1150m:	1400m:		
	200m:	2:58.94	450m:		700m:	950m:	1200m:	1450m:		
	250m:		500m:		750m:	1000m:	1250m:	1500m:	23:51.94	
19.	FRANÇOIS Wout			TZT/11047/07	22:16.03	24:08.96	200			
	50m:		300m:	550m:	800m:	12:43.56	1050m:	1300m:		
	100m:	1:29.78	350m:	600m:	850m:	1100m:	1100m:	1350m:		
	150m:		400m:	6:17.64	650m:	900m:	1150m:	1400m:		
	200m:	3:06.24	450m:		700m:	950m:	1200m:	1450m:		
	250m:		500m:		750m:	1000m:	1250m:	1500m:	24:08.96	

LANGE AFSTANDEN 2018
Hasselt, 8/4/2018

Programmanr. 3, Jongens, 1500m vrije slag, 11 - 12 jaar

Rang			Inschr.	Tijd	Pnt
20.	BROUX Alexander		GZVN/11091/07 NT	24:38.74	188
	50m: 44.23	300m:	550m: 800m: 13:13.42	1050m:	1300m:
	100m: 1:33.68	350m:	600m: 850m:	1100m:	1350m:
	150m:	400m: 6:35.26	650m: 900m:	1150m:	1400m:
	200m: 3:13.83	450m:	700m: 950m:	1200m:	1450m:
	250m:	500m:	750m: 1000m:	1250m:	1500m: 24:38.74
21.	VAN DEN BOSSCHE Stan		BRABO/11252/C24:29.36	25:42.06	166
	50m: 44.18	300m:	550m: 800m: 13:38.75	1050m:	1300m:
	100m: 1:34.96	350m:	600m: 850m:	1100m:	1350m:
	150m:	400m: 6:39.00	650m: 900m:	1150m:	1400m:
	200m: 3:16.68	450m:	700m: 950m:	1200m:	1450m:
	250m:	500m:	750m: 1000m:	1250m:	1500m: 25:42.06
22.	ODEUR Seppe		GZVN/11124/07 NT	25:47.98	164
	50m: 39.38	300m:	550m: 800m: 13:35.60	1050m:	1300m:
	100m: 1:26.84	350m:	600m: 850m:	1100m:	1350m:
	150m:	400m: 6:32.79	650m: 900m:	1150m:	1400m:
	200m: 3:07.63	450m:	700m: 950m:	1200m:	1450m:
	250m:	500m:	750m: 1000m:	1250m:	1500m: 25:47.98
23.	KOKKEN Simon		BRABO/11162/C30:02.40	25:53.23	162
	50m: 42.06	300m:	550m: 800m: 13:37.16	1050m:	1300m:
	100m: 1:32.13	350m:	600m: 850m:	1100m:	1350m:
	150m:	400m: 6:38.06	650m: 900m:	1150m:	1400m:
	200m: 3:12.09	450m:	700m: 950m:	1200m:	1450m:
	250m:	500m:	750m: 1000m:	1250m:	1500m: 25:53.23
24.	NIJSKENS Karel		BRABO/21250/C24:31.35	26:28.61	152
	50m: 44.91	300m:	550m: 800m: 14:11.98	1050m:	1300m:
	100m: 1:36.45	350m:	600m: 850m:	1100m:	1350m:
	150m:	400m: 6:58.76	650m: 900m:	1150m:	1400m:
	200m: 3:23.22	450m:	700m: 950m:	1200m:	1450m:
	250m:	500m:	750m: 1000m:	1250m:	1500m: 26:28.61
FF	POULS Roderik		FFGZVN/11167/07 NT		

13 - 14 jaar

1.	WEYTS Milan		STW/11010/04 17:54.25	17:32.48	523
	50m: 30.92	300m:	550m: 800m: 9:16.85	1050m:	1300m:
	100m: 1:04.98	350m:	600m: 850m:	1100m:	1350m:
	150m:	400m: 4:33.56	650m: 900m:	1150m:	1400m:
	200m: 2:13.98	450m:	700m: 950m:	1200m:	1450m:
	250m:	500m:	750m: 1000m:	1250m:	1500m: 17:32.48
2.	VAN DEN HOORN Jelle		DMB/10445/04 18:44.76	18:06.52	475
	50m: 32.31	300m:	550m: 800m: 9:40.13	1050m:	1300m:
	100m: 1:07.83	350m:	600m: 850m:	1100m:	1350m:
	150m:	400m: 4:47.88	650m: 900m:	1150m:	1400m:
	200m: 2:20.92	450m:	700m: 950m:	1200m:	1450m:
	250m:	500m:	750m: 1000m:	1250m:	1500m: 18:06.52
3.	VERBIST Stijn		STW/11060/04 19:20.00	18:31.00	444
	50m: 33.03	300m:	550m: 800m: 9:55.00	1050m:	1300m:
	100m: 1:09.36	350m:	600m: 850m:	1100m:	1350m:
	150m:	400m: 4:53.28	650m: 900m:	1150m:	1400m:
	200m: 2:23.25	450m:	700m: 950m:	1200m:	1450m:
	250m:	500m:	750m: 1000m:	1250m:	1500m: 18:31.00
4.	VANSIELEGHEM Killian		TZT/11039/05 19:29.84	18:43.94	429
	50m: 34.48	300m:	550m: 800m: 9:57.98	1050m:	1300m:
	100m: 1:11.34	350m:	600m: 850m:	1100m:	1350m:
	150m:	400m: 4:55.20	650m: 900m:	1150m:	1400m:
	200m: 2:26.41	450m:	700m: 950m:	1200m:	1450m:
	250m:	500m:	750m: 1000m:	1250m:	1500m: 18:43.94

LANGE AFSTANDEN 2018
Hasselt, 8/4/2018

Programmanr. 3, Jongens, 1500m vrije slag, 13 - 14 jaar

Rang					Inschr.	Tijd	Pnt		
5.	SERDONS Tade				DBT/11056/04	18:51.58	18:45.30	428	
	50m:	32.61	300m:	550m:	800m:	9:57.93	1050m:	1300m:	
	100m:	1:09.90	350m:	600m:	850m:		1100m:	1350m:	
	150m:		400m:	650m:	900m:		1150m:	1400m:	
	200m:	2:25.20	450m:	700m:	950m:		1200m:	1450m:	
	250m:		500m:	750m:	1000m:		1250m:	1500m:	18:45.30
6.	KALOGEROPOULOS Zeno				BRABO/11105/C20:10.26		18:50.41	422	
	50m:	33.95	300m:	550m:	800m:	10:00.89	1050m:	1300m:	
	100m:	1:10.17	350m:	600m:	850m:		1100m:	1350m:	
	150m:		400m:	650m:	900m:		1150m:	1400m:	
	200m:	2:25.51	450m:	700m:	950m:		1200m:	1450m:	
	250m:		500m:	750m:	1000m:		1250m:	1500m:	18:50.41
7.	DE GRAUWE Arne				STW/11147/05	19:50.00	18:58.24	413	
	50m:		300m:	550m:	800m:	10:06.89	1050m:	1300m:	
	100m:	1:11.34	350m:	600m:	850m:		1100m:	1350m:	
	150m:		400m:	650m:	900m:		1150m:	1400m:	
	200m:	2:27.28	450m:	700m:	950m:		1200m:	1450m:	
	250m:		500m:	750m:	1000m:		1250m:	1500m:	18:58.24
8.	DESMET Simon				TZT/11011/04	20:12.00	19:21.51	389	
	50m:	35.07	300m:	550m:	800m:	10:15.10	1050m:	1300m:	
	100m:	1:12.55	350m:	600m:	850m:		1100m:	1350m:	
	150m:		400m:	650m:	900m:		1150m:	1400m:	
	200m:	2:30.00	450m:	700m:	950m:		1200m:	1450m:	
	250m:		500m:	750m:	1000m:		1250m:	1500m:	19:21.51
9.	TORFS Max				DDAT/11001/04	19:48.10	19:37.70	373	
	50m:	34.23	300m:	550m:	800m:	10:23.36	1050m:	1300m:	
	100m:	1:11.80	350m:	600m:	850m:		1100m:	1350m:	
	150m:		400m:	650m:	900m:		1150m:	1400m:	
	200m:	2:29.02	450m:	700m:	950m:		1200m:	1450m:	
	250m:		500m:	750m:	1000m:		1250m:	1500m:	19:37.70
10.	EL BERGUI Samy				DDAT/11060/04	19:15.42	19:47.96	363	
	50m:	33.09	300m:	550m:	800m:	10:23.39	1050m:	1300m:	
	100m:	1:10.44	350m:	600m:	850m:		1100m:	1350m:	
	150m:		400m:	650m:	900m:		1150m:	1400m:	
	200m:	2:28.31	450m:	700m:	950m:		1200m:	1450m:	
	250m:		500m:	750m:	1000m:		1250m:	1500m:	19:47.96
11.	PIERREUX Alessandro				WLW/10247/04	22:00.00	20:36.93	322	
	50m:	35.36	300m:	550m:	800m:	10:56.90	1050m:	1300m:	
	100m:	1:15.46	350m:	600m:	850m:		1100m:	1350m:	
	150m:		400m:	650m:	900m:		1150m:	1400m:	
	200m:	2:36.47	450m:	700m:	950m:		1200m:	1450m:	
	250m:		500m:	750m:	1000m:		1250m:	1500m:	20:36.93
12.	KEÏTA Dai				LAQUA/11118/021:30.00		21:06.43	300	
	50m:	36.21	300m:	550m:	800m:	11:19.11	1050m:	1300m:	
	100m:	1:17.49	350m:	600m:	850m:		1100m:	1350m:	
	150m:		400m:	650m:	900m:		1150m:	1400m:	
	200m:	2:42.62	450m:	700m:	950m:		1200m:	1450m:	
	250m:		500m:	750m:	1000m:		1250m:	1500m:	21:06.43
13.	VERMEIR Wannes				GZVN/11043/05	NT	21:07.83	299	
	50m:	34.42	300m:	550m:	800m:	11:16.36	1050m:	1300m:	
	100m:	1:13.96	350m:	600m:	850m:		1100m:	1350m:	
	150m:		400m:	650m:	900m:		1150m:	1400m:	
	200m:	2:37.72	450m:	700m:	950m:		1200m:	1450m:	
	250m:		500m:	750m:	1000m:		1250m:	1500m:	21:07.83
14.	VARANO Agostino				DDAT/11063/05	21:07.01	21:08.87	298	
	50m:	38.30	300m:	550m:	800m:	11:17.19	1050m:	1300m:	
	100m:	1:20.16	350m:	600m:	850m:		1100m:	1350m:	
	150m:		400m:	650m:	900m:		1150m:	1400m:	
	200m:	2:44.97	450m:	700m:	950m:		1200m:	1450m:	
	250m:		500m:	750m:	1000m:		1250m:	1500m:	21:08.87

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Programmanr. 3, Jongens, 1500m vrije slag, 13 - 14 jaar

Rang			Inschr.	Tijd	Pnt
15.	LINDEBOOM Charlie		WLW/11008/05 21:00.00	21:29.84	284
	50m: 37.16	300m:	550m: 800m: 11:23.53	1050m:	1300m:
	100m: 1:18.39	350m:	600m: 850m:	1100m:	1350m:
	150m:	400m: 5:38.59	650m: 900m:	1150m:	1400m:
	200m: 2:43.90	450m:	700m: 950m:	1200m:	1450m:
	250m:	500m:	750m: 1000m:	1250m:	1500m: 21:29.84
16.	CUYPERS Jelle		HZS/11041/05 23:00.00	21:36.70	279
	50m: 37.81	300m:	550m: 800m: 11:31.10	1050m:	1300m:
	100m: 1:20.27	350m:	600m: 850m:	1100m:	1350m:
	150m:	400m: 5:39.33	650m: 900m:	1150m:	1400m:
	200m: 2:45.53	450m:	700m: 950m:	1200m:	1450m:
	250m:	500m:	750m: 1000m:	1250m:	1500m: 21:36.70
17.	VAN DER DONCKT Jannes		LAQUA/11172/022:59.92	21:37.14	279
	50m: 35.43	300m:	550m: 800m: 11:23.08	1050m:	1300m:
	100m: 1:15.90	350m:	600m: 850m:	1100m:	1350m:
	150m:	400m: 5:30.81	650m: 900m:	1150m:	1400m:
	200m: 2:40.58	450m:	700m: 950m:	1200m:	1450m:
	250m:	500m:	750m: 1000m:	1250m:	1500m: 21:37.14
18.	VANNESTE Yorick		TZT/11032/05 21:10.30	21:40.02	277
	50m: 37.86	300m:	550m: 800m: 11:41.02	1050m:	1300m:
	100m: 1:21.02	350m:	600m: 850m:	1100m:	1350m:
	150m:	400m: 5:46.29	650m: 900m:	1150m:	1400m:
	200m: 2:48.39	450m:	700m: 950m:	1200m:	1450m:
	250m:	500m:	750m: 1000m:	1250m:	1500m: 21:40.02
19.	FUMAROLA Sander		GZVN/11099/05 25:10.61	21:48.95	271
	50m: 38.53	300m:	550m: 800m: 11:40.91	1050m:	1300m:
	100m: 1:20.95	350m:	600m: 850m:	1100m:	1350m:
	150m:	400m: 5:48.20	650m: 900m:	1150m:	1400m:
	200m: 2:49.98	450m:	700m: 950m:	1200m:	1450m:
	250m:	500m:	750m: 1000m:	1250m:	1500m: 21:48.95
20.	THOREZ Jasper		MOZKA/11042/C21:15.00	21:51.39	270
	50m:	300m:	550m: 800m: 11:40.50	1050m:	1300m:
	100m: 1:19.53	350m:	600m: 850m:	1100m:	1350m:
	150m:	400m: 5:44.71	650m: 900m:	1150m:	1400m:
	200m: 2:46.50	450m:	700m: 950m:	1200m:	1450m:
	250m:	500m:	750m: 1000m:	1250m: 21:51.39	1500m: 21:51.39
21.	CLOES Stef		BEST/11032/05 NT	22:18.81	254
	50m: 37.56	300m:	550m: 800m: 11:56.06	1050m:	1300m:
	100m: 1:20.91	350m:	600m: 850m:	1100m:	1350m:
	150m:	400m: 5:50.61	650m: 900m:	1150m:	1400m:
	200m: 2:49.03	450m:	700m: 950m:	1200m:	1450m:
	250m:	500m:	750m: 1000m:	1250m:	1500m: 22:18.81
22.	VAN HOOFF Daan		LAQUA/11168/023:29.90	22:33.16	246
	50m: 37.76	300m:	550m: 800m: 12:00.26	1050m:	1300m:
	100m: 1:21.86	350m:	600m: 850m:	1100m:	1350m:
	150m:	400m: 5:55.16	650m: 900m:	1150m:	1400m:
	200m: 2:52.70	450m:	700m: 950m:	1200m:	1450m:
	250m:	500m:	750m: 1000m:	1250m:	1500m: 22:33.16
23.	DEKONINCK Maxim		WLW/11014/05 21:00.00	22:46.24	239
	50m: 39.17	300m:	550m: 800m: 12:12.20	1050m:	1300m:
	100m: 1:24.35	350m:	600m: 850m:	1100m:	1350m:
	150m:	400m: 5:58.49	650m: 900m:	1150m:	1400m:
	200m: 2:55.74	450m:	700m: 950m:	1200m:	1450m:
	250m:	500m:	750m: 1000m:	1250m:	1500m: 22:46.24
24.	FAZLYEV Arthur		BRABO/11131/C22:30.00	22:58.11	233
	50m: 40.43	300m:	550m: 800m: 12:17.07	1050m:	1300m:
	100m: 1:25.20	350m:	600m: 850m:	1100m:	1350m:
	150m:	400m: 6:02.97	650m: 900m:	1150m:	1400m:
	200m: 2:56.72	450m:	700m: 950m:	1200m:	1450m:
	250m:	500m:	750m: 1000m:	1250m:	1500m: 22:58.11

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Programmanr. 3, Jongens, 1500m vrije slag, 13 - 14 jaar

Rang	Inschr.	Tijd	Pnt
25. THOREZ Seppe	MOZKA/11041/C22:30.00	23:08.36	227
50m: 37.36	300m:	550m: 800m: 12:09.55	1050m: 1300m:
100m: 1:20.61	350m:	600m: 850m:	1100m: 1350m:
150m: 400m: 5:57.57	650m: 900m:	1150m:	1400m:
200m: 2:51.43	450m: 700m:	950m: 1200m:	1450m:
250m: 500m:	750m: 1000m:	1250m:	1500m: 23:08.36
26. FATH CHRAFIH Ilias	WLW/11005/04 23:00.00	23:36.75	214
50m: 37.68	300m:	550m: 800m: 12:26.47	1050m: 1300m:
100m: 1:21.40	350m:	600m: 850m:	1100m: 1350m:
150m: 400m: 5:57.86	650m: 900m:	1150m:	1400m:
200m: 2:51.00	450m: 700m:	950m: 1200m:	1450m:
250m: 500m:	750m: 1000m:	1250m:	1500m: 23:36.75
27. VAN EYLEN Siemen	DBT/11044/05 23:45.00	23:44.92	210
50m: 300m:	550m: 800m:	1050m:	1300m:
100m: 1:27.09	350m:	600m: 850m:	1100m: 1350m:
150m: 400m: 6:15.89	650m: 900m:	1150m:	1400m:
200m: 3:02.71	450m: 700m:	950m: 1200m:	1450m:
250m: 500m:	750m: 1000m:	1250m:	1500m: 23:44.92
28. BRAEKEN Jarle	ZWIM/11041/05 NT	23:52.96	207
50m: 38.86	300m:	550m: 800m: 12:42.00	1050m: 1300m:
100m: 1:24.78	350m:	600m: 850m:	1100m: 1350m:
150m: 400m: 6:16.46	650m: 900m:	1150m:	1400m:
200m: 3:00.68	450m: 700m:	950m: 1200m:	1450m:
250m: 500m:	750m: 1000m:	1250m:	1500m: 23:52.96
29. KERFS Rutger	ZWIM/11040/05 NT	25:10.25	177
50m: 40.94	300m:	550m: 800m: 13:17.58	1050m: 1300m:
100m: 1:27.12	350m:	600m: 850m:	1100m: 1350m:
150m: 400m: 6:27.50	650m: 900m:	1150m:	1400m:
200m: 3:06.25	450m: 700m:	950m: 1200m:	1450m:
250m: 500m:	750m: 1000m:	1250m:	1500m: 25:10.25
30. BOUKICHOU Amin	BRABO/11189/C28:10.40	27:00.24	143
50m: 44.70	300m:	550m: 800m: 14:09.98	1050m: 1300m:
100m: 1:36.20	350m:	600m: 850m:	1100m: 1350m:
150m: 400m: 6:53.17	650m: 900m:	1150m:	1400m:
200m: 3:20.68	450m: 700m:	950m: 1200m:	1450m:
250m: 500m:	750m: 1000m:	1250m:	1500m: 27:00.24
FF BOLLEN Vincent	FFLAQUA/11190/020:18.98		
FF MYARD Artaud	FFLAQUA/11136/022:07.59		
FF MEDLAND Natan	FFGZVN/11040/05 NT		

15 - 16 jaar

1. JASPERS Sven	HZS/11047/03 17:04.81	16:42.60	605
50m: 300m:	550m: 800m: 8:51.85	1050m: 1300m:	
100m: 1:02.35	600m: 850m:	1100m: 1350m:	
150m: 400m: 4:22.27	650m: 900m:	1150m: 1400m:	
200m: 2:08.81	450m: 700m:	950m: 1200m:	1450m:
250m: 500m:	750m: 1000m:	1250m:	1500m: 16:42.60
2. VAN DESSEL Michiel	MOZKA/11003/C17:09.36	17:05.34	565
50m: 30.12	300m:	550m: 800m: 9:03.75	1050m: 1300m:
100m: 1:03.28	350m:	600m: 850m:	1100m: 1350m:
150m: 400m: 4:27.61	650m: 900m:	1150m:	1400m:
200m: 2:11.15	450m: 700m:	950m: 1200m:	1450m:
250m: 500m:	750m: 1000m:	1250m:	1500m: 17:05.34
3. VAN KEER Yoran	LAQUA/11193/017:30.80	17:11.84	555
50m: 30.11	300m:	550m: 800m: 9:10.26	1050m: 1300m:
100m: 1:04.15	350m:	600m: 850m:	1100m: 1350m:
150m: 400m: 4:31.92	650m: 900m:	1150m:	1400m:
200m: 2:13.26	450m: 700m:	950m: 1200m:	1450m:
250m: 500m:	750m: 1000m:	1250m:	1500m: 17:11.84

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Programmanr. 3, Jongens, 1500m vrije slag, 15 - 16 jaar

Rang				Inschr.	Tijd	Pnt				
4.	THIJSSSEN Robbe			DBT/11060/02	17:55.59	17:12.64	553			
	50m:	29.29	300m:	550m:	800m:	9:05.42	1050m:	1300m:		
	100m:	1:01.62	350m:	600m:	850m:		1100m:	1350m:		
	150m:		400m:	4:25.20	650m:	900m:	1150m:	1400m:		
	200m:	2:08.64	450m:		700m:	950m:	1200m:	1450m:		
	250m:		500m:		750m:	1000m:	1250m:	1500m:	17:12.64	
5.	GEUENS Lars			OZV/10262/03	18:01.42	17:15.34	549			
	50m:	29.47	300m:	550m:	800m:	9:05.21	1050m:	1300m:		
	100m:	1:02.26	350m:	600m:	850m:		1100m:	1350m:		
	150m:		400m:	4:27.18	650m:	900m:	1150m:	1400m:		
	200m:	2:09.74	450m:		700m:	950m:	1200m:	1450m:		
	250m:		500m:		750m:	1000m:	1250m:	1500m:	17:15.34	
6.	VERMEIRE Arne			OZV/11028/02	17:53.78	17:24.69	534			
	50m:	30.01	300m:	550m:	800m:	9:13.64	1050m:	1300m:		
	100m:	1:03.85	350m:	600m:	850m:		1100m:	1350m:		
	150m:		400m:	4:34.33	650m:	900m:	1150m:	1400m:		
	200m:	2:14.11	450m:		700m:	950m:	1200m:	1450m:		
	250m:		500m:		750m:	1000m:	1250m:	1500m:	17:24.69	
7.	VOLDERS Aiken			BEST/10612/02	NT	17:37.66	515			
	50m:	29.28	300m:	550m:	800m:	9:22.15	1050m:	1300m:		
	100m:	1:03.00	350m:	600m:	850m:		1100m:	1350m:		
	150m:		400m:	4:36.04	650m:	900m:	1150m:	1400m:		
	200m:	2:13.42	450m:		700m:	950m:	1200m:	1450m:		
	250m:		500m:		750m:	1000m:	1250m:	1500m:	17:37.66	
8.	MEERE Jarno			DDAT/11034/03	18:09.16	17:39.81	512			
	50m:	31.24	300m:	550m:	800m:	9:32.09	1050m:	1300m:		
	100m:	1:06.49	350m:	600m:	850m:		1100m:	1350m:		
	150m:		400m:	4:42.49	650m:	900m:	1150m:	1400m:		
	200m:	2:18.42	450m:		700m:	950m:	1200m:	1450m:		
	250m:		500m:		750m:	1000m:	1250m:	1500m:	17:39.81	
9.	VOGLAR Robbe			DMB/10404/02	17:39.20	17:40.82	510			
	50m:	30.37	300m:	550m:	800m:	9:17.81	1050m:	1300m:		
	100m:	1:04.69	350m:	600m:	850m:		1100m:	1350m:		
	150m:		400m:	4:34.49	650m:	900m:	1150m:	1400m:		
	200m:	2:14.47	450m:		700m:	950m:	1200m:	1450m:		
	250m:		500m:		750m:	1000m:	1250m:	1500m:	17:40.82	
10.	BOULEZ Edouard			DDAT/10281/02	18:06.74	17:42.25	508			
	50m:	31.94	300m:	550m:	800m:	9:31.88	1050m:	1300m:		
	100m:	1:07.04	350m:	600m:	850m:		1100m:	1350m:		
	150m:		400m:	4:42.23	650m:	900m:	1150m:	1400m:		
	200m:	2:17.94	450m:		700m:	950m:	1200m:	1450m:		
	250m:		500m:		750m:	1000m:	1250m:	1500m:	17:42.25	
11.	JORIS Luca			DDAT/10292/03	18:00.75	17:44.70	505			
	50m:	30.98	300m:	550m:	800m:	9:28.23	1050m:	1300m:		
	100m:	1:05.08	350m:	600m:	850m:		1100m:	1350m:		
	150m:		400m:	4:40.60	650m:	900m:	1150m:	1400m:		
	200m:	2:16.95	450m:		700m:	950m:	1200m:	1450m:		
	250m:		500m:		750m:	1000m:	1250m:	1500m:	17:44.70	
12.	VANSPAUWEN Alexander			HZS/10549/03	18:15.00	17:48.91	499			
	50m:	30.85	300m:	550m:	800m:	9:32.64	1050m:	1300m:		
	100m:	1:06.14	350m:	600m:	850m:		1100m:	1350m:		
	150m:		400m:	4:43.06	650m:	900m:	1150m:	1400m:		
	200m:	2:18.10	450m:		700m:	950m:	1200m:	1450m:		
	250m:		500m:		750m:	1000m:	1250m:	1500m:	17:48.91	
13.	MENTENS Jarne			DMB/11056/03	18:33.50	17:57.09	488			
	50m:	31.28	300m:	550m:	800m:	9:32.23	1050m:	1300m:		
	100m:	1:06.51	350m:	600m:	850m:		1100m:	1350m:		
	150m:		400m:	4:43.23	650m:	900m:	1150m:	1400m:		
	200m:	2:18.69	450m:		700m:	950m:	1200m:	1450m:		
	250m:		500m:		750m:	1000m:	1250m:	1500m:	17:57.09	

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Programmanr. 3, Jongens, 1500m vrije slag, 15 - 16 jaar

Rang				Inschr.	Tijd	Pnt				
14.	VAN GENECHTEN Sander			WST/11043/03	19:52.03	18:05.76	476			
	50m:	32.33	300m:	550m:	800m:	9:43.98	1050m:	1300m:		
	100m:	1:08.56	350m:	600m:	850m:		1100m:	1350m:		
	150m:		400m:	4:49.94	650m:	900m:	1150m:	1400m:		
	200m:	2:21.94	450m:		700m:	950m:	1200m:	1450m:		
	250m:		500m:		750m:	1000m:	1250m:	1500m:	18:05.76	
15.	GIELEN Yordi			DMB/10412/03	17:27.89	18:13.21	466			
	50m:	29.93	300m:	550m:	800m:	9:34.40	1050m:	1300m:		
	100m:	1:03.51	350m:	600m:	850m:		1100m:	1350m:		
	150m:		400m:	4:37.59	650m:	900m:	1150m:	1400m:		
	200m:	2:13.94	450m:		700m:	950m:	1200m:	1450m:		
	250m:		500m:		750m:	1000m:	1250m:	1500m:	18:13.21	
16.	HOLLEVOET Robbe			STW/11103/02	18:38.60	18:19.54	458			
	50m:	32.00	300m:	550m:	800m:	9:44.73	1050m:	1300m:		
	100m:	1:07.95	350m:	600m:	850m:		1100m:	1350m:		
	150m:		400m:	4:50.10	650m:	900m:	1150m:	1400m:		
	200m:	2:21.82	450m:		700m:	950m:	1200m:	1450m:		
	250m:		500m:		750m:	1000m:	1250m:	1500m:	18:19.54	
17.	VAN LANGENDONCK Tim			OZV/11005/02	18:52.84	18:22.63	454			
	50m:	31.06	300m:	550m:	800m:	9:43.19	1050m:	1300m:		
	100m:	1:05.48	350m:	600m:	850m:		1100m:	1350m:		
	150m:		400m:	4:47.47	650m:	900m:	1150m:	1400m:		
	200m:	2:17.98	450m:		700m:	950m:	1200m:	1450m:		
	250m:		500m:		750m:	1000m:	1250m:	1500m:	18:22.63	
18.	MORELLI Jorgo			GZVN/10596/02	19:40.48	18:31.12	444			
	50m:	31.91	300m:	550m:	800m:	9:55.09	1050m:	1300m:		
	100m:	1:07.62	350m:	600m:	850m:		1100m:	1350m:		
	150m:		400m:	4:52.34	650m:	900m:	1150m:	1400m:		
	200m:	2:21.97	450m:		700m:	950m:	1200m:	1450m:		
	250m:		500m:		750m:	1000m:	1250m:	1500m:	18:31.12	
19.	OP DE BEECK Maarten			DDAT/11061/03	19:02.44	18:33.81	441			
	50m:	32.91	300m:	550m:	800m:	9:52.91	1050m:	1300m:		
	100m:	1:09.41	350m:	600m:	850m:		1100m:	1350m:		
	150m:		400m:	4:52.94	650m:	900m:	1150m:	1400m:		
	200m:	2:22.66	450m:		700m:	950m:	1200m:	1450m:		
	250m:		500m:		750m:	1000m:	1250m:	1500m:	18:33.81	
20.	JORIS Dante			DDAT/10313/03	18:36.32	18:39.93	434			
	50m:	31.22	300m:	550m:	800m:	9:50.86	1050m:	1300m:		
	100m:	1:07.01	350m:	600m:	850m:		1100m:	1350m:		
	150m:		400m:	4:47.08	650m:	900m:	1150m:	1400m:		
	200m:	2:19.26	450m:		700m:	950m:	1200m:	1450m:		
	250m:		500m:		750m:	1000m:	1250m:	1500m:	18:39.93	
21.	AWOUTERS Pieter			GZVN/10616/02	18:41.77	18:40.81	433			
	50m:		300m:	550m:	800m:	9:54.61	1050m:	1300m:		
	100m:	1:07.04	350m:	600m:	850m:		1100m:	1350m:		
	150m:		400m:	4:51.64	650m:	900m:	1150m:	1400m:		
	200m:	2:20.78	450m:		700m:	950m:	1200m:	1450m:		
	250m:		500m:		750m:	1000m:	1250m:	1500m:	18:40.81	
22.	TSYBOULEVSKIJ Robert			BRABO/10041/C22	17:81	19:33.12	377			
	50m:	34.77	300m:	550m:	800m:	10:19.19	1050m:	1300m:		
	100m:	1:13.30	350m:	600m:	850m:		1100m:	1350m:		
	150m:		400m:	5:06.66	650m:	900m:	1150m:	1400m:		
	200m:	2:03:00.73	450m:		700m:	950m:	1200m:	1450m:		
	250m:		500m:		750m:	1000m:	1250m:	1500m:	19:33.12	
23.	HUYGENS Arne			MOZKA/11026/C20	14:20	20:04.95	348			
	50m:	35.20	300m:	550m:	800m:	10:43.64	1050m:	1300m:		
	100m:	1:14.79	350m:	600m:	850m:		1100m:	1350m:		
	150m:		400m:	5:17.99	650m:	900m:	1150m:	1400m:		
	200m:	2:35.07	450m:		700m:	950m:	1200m:	1450m:		
	250m:		500m:		750m:	1000m:	1250m:	1500m:	20:04.95	

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Programmanr. 3, Jongens, 1500m vrije slag, 15 - 16 jaar

Rang			Inschr.	Tijd	Pnt
24.	VANDENBROUCKE Nathan		DDAT/11005/03 21:29.60	20:28.63	328
	50m: 35.54	300m:	550m: 800m: 10:55.12	1050m:	1300m:
	100m: 1:14.69	350m:	600m: 850m:	1100m:	1350m:
	150m: 400m: 5:22.66	650m: 900m:	1150m:	1400m:	
	200m: 2:36.97	450m: 700m:	950m: 1200m:	1450m:	
	250m: 500m: 750m: 1000m:	1250m:	1500m: 20:28.63		
25.	NEYENS Arthur		DDAT/10312/03 20:38.17	21:08.17	299
	50m: 35.60	300m:	550m: 800m: 11:11.27	1050m:	1300m:
	100m: 1:15.42	350m:	600m: 850m:	1100m:	1350m:
	150m: 400m: 5:28.25	650m: 900m:	1150m:	1400m:	
	200m: 2:38.67	450m: 700m:	950m: 1200m:	1450m:	
	250m: 500m: 750m: 1000m:	1250m:	1500m: 21:08.17		
26.	DEBOEL Jonas		ZGEEL/11066/0:21:20.00	22:21.54	252
	50m: 36.01	300m:	550m: 800m: 11:40.43	1050m:	1300m:
	100m: 1:16.71	350m:	600m: 850m:	1100m:	1350m:
	150m: 400m: 5:36.10	650m: 900m:	1150m:	1400m:	
	200m: 2:42.15	450m: 700m:	950m: 1200m:	1450m:	
	250m: 500m: 750m: 1000m:	1250m:	1500m: 22:21.54		
FF	DESCHRYVER Rens		FFLAQUA/11152/018:48.92		

17 - 18 jaar

1.	HOUSEN Stef		DMB/10386/00 16:10.11	16:23.98	640
	50m: 28.48	300m:	550m: 800m: 8:40.38	1050m:	1300m:
	100m: 1:00.10	350m:	600m: 850m:	1100m:	1350m:
	150m: 400m: 4:17.04	650m: 900m:	1150m:	1400m:	
	200m: 2:05.10	450m: 700m:	950m: 1200m:	1450m:	
	250m: 500m: 750m: 1000m:	1250m:	1500m: 16:23.98		
2.	THIJS Lucas		ZGEEL/10133/0(17:47.97	17:21.66	539
	50m: 31.13	300m:	550m: 800m: 9:17.38	1050m:	1300m:
	100m: 1:05.23	350m:	600m: 850m:	1100m:	1350m:
	150m: 400m: 4:34.70	650m: 900m:	1150m:	1400m:	
	200m: 2:14.20	450m: 700m:	950m: 1200m:	1450m:	
	250m: 500m: 750m: 1000m:	1250m:	1500m: 17:21.66		
3.	VAN ROSSUM Raf		BRABO/10002/C17:32.96	17:39.78	512
	50m: 32.18	300m:	550m: 800m: 9:15.78	1050m:	1300m:
	100m: 1:07.50	350m:	600m: 850m:	1100m:	1350m:
	150m: 400m: 4:35.53	650m: 900m:	1150m:	1400m:	
	200m: 2:16.93	450m: 700m:	950m: 1200m:	1450m:	
	250m: 500m: 750m: 1000m:	1250m:	1500m: 17:39.78		
4.	DIAZ Jordi		GZVN/10595/01 NT	18:20.76	457
	50m: 32.13	300m:	550m: 800m: 9:56.26	1050m:	1300m:
	100m: 1:08.29	350m:	600m: 850m:	1100m:	1350m:
	150m: 400m: 4:52.80	650m: 900m:	1150m:	1400m:	
	200m: 2:22.02	450m: 700m:	950m: 1200m:	1450m:	
	250m: 500m: 750m: 1000m:	1250m:	1500m: 18:20.76		
5.	SCHOETERS Seppe		ZGEEL/10167/0(18:32.53	19:02.63	408
	50m: 30.98	300m:	550m: 800m: 10:03.56	1050m:	1300m:
	100m: 1:06.13	350m:	600m: 850m:	1100m:	1350m:
	150m: 400m: 4:52.78	650m: 900m:	1150m:	1400m:	
	200m: 2:19.88	450m: 700m:	950m: 1200m:	1450m:	
	250m: 500m: 750m: 1000m:	1250m:	1500m: 19:02.63		
6.	MENTEN Yari		ZGEEL/10130/0(18:45.00	19:18.16	392
	50m: 31.48	300m:	550m: 800m: 10:07.77	1050m:	1300m:
	100m: 1:07.22	350m:	600m: 850m:	1100m:	1350m:
	150m: 400m: 4:55.57	650m: 900m:	1150m:	1400m:	
	200m: 2:21.54	450m: 700m:	950m: 1200m:	1450m:	
	250m: 500m: 750m: 1000m:	1250m:	1500m: 19:18.16		

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Programmanr. 3, Heren, 1500m vrije slag

19 jaar en ouder

1. ORIS Stephane				DMB/10325/96	17:06.92	17:00.59	573	
50m:	29.09	300m:		550m:	800m:	9:01.59	1050m:	1300m:
100m:	1:02.08	350m:		600m:	850m:		1100m:	1350m:
150m:		400m:	4:26.71	650m:	900m:		1150m:	1400m:
200m:	2:09.50	450m:		700m:	950m:		1200m:	1450m:
250m:		500m:		750m:	1000m:		1250m:	1500m: 17:00.59
2. JANSSEN Senne				DBT/11043/99	17:30.00	17:37.19	516	
50m:	29.81	300m:		550m:	800m:	9:12.21	1050m:	1300m:
100m:	1:02.78	350m:		600m:	850m:		1100m:	1350m:
150m:		400m:	4:28.01	650m:	900m:		1150m:	1400m:
200m:	2:10.22	450m:		700m:	950m:		1200m:	1450m:
250m:		500m:		750m:	1000m:		1250m:	1500m: 17:37.19
3. ORIS Tim				DMB/10326/98	17:57.16	17:58.16	486	
50m:		300m:		550m:	800m:	9:21.16	1050m:	1300m:
100m:	1:01.56	350m:		600m:	850m:		1100m:	1350m:
150m:		400m:	4:30.66	650m:	900m:		1150m:	1400m:
200m:	2:09.31	450m:		700m:	950m:		1200m:	1450m:
250m:		500m:		750m:	1000m:		1250m:	1500m: 17:58.16
4. LOMAN Thijs				OZV/10234/99	18:05.59	18:17.81	460	
50m:	30.44	300m:		550m:	800m:	9:37.71	1050m:	1300m:
100m:	1:04.68	350m:		600m:	850m:		1100m:	1350m:
150m:		400m:	4:42.69	650m:	900m:		1150m:	1400m:
200m:	2:16.49	450m:		700m:	950m:		1200m:	1450m:
250m:		500m:		750m:	1000m:		1250m:	1500m: 18:17.81
FF DUPONT Wannas				FFLAQUA/11191/918:02.65				